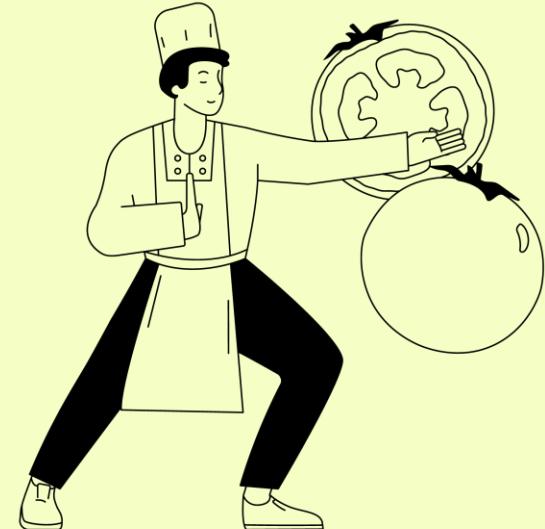


Lunch menu

week one

Available everyday	Monday	Tuesday	Wednesday
Seasonal soup with croutons, fresh herbs, toppings, and freshly baked bread	Main meal Thai Green Chicken Curry Vegetarian Meal Sweet Potato and Chick-Pea Thai Curry Sides Steamed Jasmine Rice Prawn Crackers Green Beans Dessert Apple & Cinnamon Crumble	Main meal Beef Goulash Vegetarian Meal Vegan Cumberland Sausage Sides Mash Potato with Spring Onion Carrots and Parsnips Dessert Jellies, Fruit & yogurt bar	Main meal Chicken or Beef Burger Vegetarian Meal Vegetable and Bean Burger Sides Seasoned Fries Sweetcorn or BBQ Baked Beans Dessert Cheesecake Sundae pots
Everyday salads big bowl salad, tomato, cucumber, peppers, grated carrot, mixed leaves, sweetcorn			
Fruit bar selection of bananas, apples, satsumas, melon and Pineapple			
Yoghurt bar selection of natural yoghurt, seeds and dried fruits			
Jacket potato bar hot jacket potatoes with a choice of fillings			
Thursday	Friday		
Main meal Beef Lasagne Vegetarian Meal Vegetable Moussaka Sides Broccoli, Corn, Garlic bread Dessert Jellies, Fruit & yogurt bar	Main meal Battered Fish & Chips Vegetarian Meal Spinach & mint fritter Sides Peas, Chunky Chips, Gherkins, Lemons, Tartar sauce Dessert Marble cake		

Please see daily menu boards for ALL allergens



Lunch menu

week two

Available everyday

Seasonal soup
with croutons, fresh herbs, toppings, and freshly baked bread

Everyday salads
big bowl salad, tomato, cucumber, peppers, grated carrot, mixed leaves, sweetcorn

Fruit bar
selection of bananas, apples, satsumas, melon and mixed grapes

Yoghurt bar
selection of natural yoghurt, seeds and dried fruits

Jacket potato bar
hot jacket potatoes with a choice of fillings

Please see daily menu boards for ALL allergens

Monday

Main meal Pasta Bar

Beef Ragu

Or

Creamy Chicken and Mushroom

Vegetarian Meal

Mac and Cheese with a Pesto Crust

Sides

Lightly Boiled Penne Pasta, Broccoli, Homemade Garlic Focaccia

Dessert

Jam and Coconut Sponge with Custard

Tuesday

Main meal

Chicken Sausage Lattice

Vegetarian Meal

Roasted squash & vegetable pie

Sides

New potatoes, Broccoli, Roasted Carrots

Dessert

Jellies, Fruit & yogurt bar

Wednesday

Main meal

Roast Turkey, Sage & Onion Stuffing, Yorkshire Pudding

Vegetarian Meal

Spinach & Feta Pie

Sides

Green Beans, Roasted Root Vegetables, Roasted Potatoes,

Gravy

Dessert

Raspberry Blondie

Thursday

Main meal

Butter Chicken Curry
with Steamed Rice

Vegetarian Meal

Lentil Dahl
with Steamed Rice

Sides

Roasted Cauliflower, Onion bhaji, Cucumber, Tomato, Red Onion, Coriander, Salad

Dessert

Jellies, Fruit & yogurt bar

Friday

Main meal

Battered Fish & Chips
Or Fish Finger Sandwich

Vegetarian Meal

Sweet Potato & Red Pepper Frittata

Sides

Minted Peas, Gherkins, Lemons, Tartar sauce

Dessert

Carrot Cake



*All menus are subject to change due to availability and supply

Lunch menu

week three

Available everyday

Seasonal soup

with croutons, fresh herbs, toppings, and freshly baked bread

Everyday salads

big bowl salad, tomato, cucumber, peppers, grated carrot, mixed leaves, sweetcorn

Fruit bar

selection of bananas, apples, satsumas, melon and mixed grapes

Yoghurt bar

selection of natural yoghurt, seeds and dried fruits

Jacket potato bar

hot jacket potatoes with a choice of fillings

Please see daily menu boards for ALL allergens

Monday

Main meal

Focaccia Pizza Bar;
Halal Pepperoni
*Roasted Vegetable
Red onion, corn & Mushroom

Sides

Crispy Onions, Sweetcorn, Chilli Flakes, potato wedges , Jalapenos, Gherkins

Dessert

Berry Cheesecake Cheesecake

Tuesday

Main meal

Chicken Sausages & Mash

Vegetarian Meal

Plant based Sausages & Mash

Sides

Red Onion Gravy, Crispy Onions, Petit Pois, Roasted Carrots with Thyme

Dessert

Fruit, Jelly & Yogurt Bar

Wednesday

Main meal

Shepherds Pie with a Cheesy Mash

Vegetarian Meal

Lancashire Vegetable Hot Pot Topped with Sliced Potatoes

Sides

Broccoli, Roasted Root Vegetables and Gravy

Dessert

Apple and Sultana Crumble & Custard

Thursday

Main meal

Panko Chicken Katsu Curry with Sticky Rice

Vegetarian Meal

Aubergine Katsu Curry with Sticky Rice

Sides

Sautéed Greens Pak Choi,

Chinese Leaf, Spring Greens,

Asian Style Slaw

Dessert

Fruit, Jelly & Yogurt Bar

Friday

Main meal

Battered Fish & Chips
or Fish Cakes

Vegetarian Meal

Smashed Chickpea & coriander Burger

Sides

Mushy Peas,

Chunky Chips, Gherkins, Pickled Egg, Pickled Onions, Lemons,

Tartar sauce

Dessert

Apple & Date Vegan Brownie

